#### ABOUT THE PRESENTERS

Kathy Berger, PT, MS is the founder and executive director of Kris' Camp. She received her B.S. degree in physical therapy from Northwestern University in 1984. Kathy is currently enrolled in the PhD program in Behavioral and Cognitive Sciences at the University of Florida, with her special area of interest in Movement and Regulation issues in children with autism. Kathy successfully defended her master's thesis in February 2010 "Skilled Movements in Autism: A review of the literature and two case studies."

Michelle Hardy, M.M., MT-BC, NMT Fellow is a board certified Music therapist who has worked with individuals with autism and their families within school, home, and therapy settings. She has participated in Kris' Camp since 1999, founded and directed the Arizona camp since 2002, and is now the Program Director for all Kris' Camp programming. Michelle has a private practice in San Diego, CA where she provides individual sessions to individuals with autism and various other neurological or sensory processing disorders. Michelle received her bachelor's degree in music therapy from Loyola University in New Orleans in 1995 and her Master of Music in Music Therapy from Colorado State University in 2011.

Suzanne Oliver, MT-BC, NMT Fellow is the founder and executive director of Neurologic Music Therapy Services of Arizona, a company which employs 12 NMTs and serves over 350 individuals with Neurologic impairments. NMTSA recently became a nonprofit corporation and expanded its community services again in February 2007 through the opening of a larger facility and elementary education program. In addition to her supervisory and administrative duties, she continues to maintain her own direct caseload of persons with autism and other severe sensory and neurologic impairments. Suzanne received her advanced level training in Neurologic Music Therapy in 1999 and completed her Fellowship training in NMT in August 2002 and again in August 2005. Suzanne is the current chair of the Advisory Council for the Robert F. Unkefer Academy for Neurologic Music Therapy. She has been a therapist at Kris' Camp since 1996.

Dena Reany, Ed.M., has a background in Early Childhood Special Education with a focus on Autism. She has a dual masters in Reading and Learning disabilities from Cardinal Stritch University in Wisconsin. Dena has taught for over 15 years in special education (cross-categorical, Autism integrated/self-contained programs and Learning Disabilities) and regular educational settings (4th-5th grade, and Kindergarten). Dena worked for 3 years as the lead teacher at the ACT (Assume Competence Today) school that was started based on the Kris Camp Model. She is currently a 2nd grade teacher. Dena has worked as an educator at Kris camp since 2000.

3359 Creek Road SLC, UT 84121

# KRIS' CAMP

Therapy Intensive Programs, Inc.



Autism as a **Psychomotor Regulation Disorder:** Theoretical and **Applied Implications** 

Presented by\*:

Kathleen Berger, PT, MS

Michelle Hardy, MT-BC, NMT, F/ANMT

Suzanne Oliver, MT-BC, NMT, F/ANMT

Dena Reany, Ed.M.

A joint project by Kris' Camp/Therapy Intensive Programs, Inc. & NMTSA, Inc. www.kriscamp.org www.nmtsa.org

\*Though all presenters have contributed to the substance of this course, not all may be present at every course.

# **OVERVIEW**

This two-day course provides the fundamentals for theoretical and applied understandings of autism as a psychomotor regulation disorder. This course integrates therapeutic philosophy from NMTSA and Kris' Camp after cumulative decades of experience working under this paradigm. Clinicians can immediately apply techniques taught in this seminar to their work with clients with autism.

# COURSE SCHEDULE

Day One	
8:30-9:00	Welcome / Introductions/Overview of course
9:00 - 10:30	Kris' Camp History and Philosophy
	Autism as a Psychomotor Regulation
	Disorder
	21001401
10.00.10.45	Competency Based Approach
10:30-10:45	Break
10:45- 12:30	Sensory Integration
12:30- 1:30	Lunch
1:30- 2:45	Neurologic Music Therapy: Evidence-
based	Practice
2:45-3	Break
3- 4:30	Application and practice of presented
	information
Day Two	
<b>Day Two</b> 8:30- 10:30	Visual Spatial Abilities in People with
	Visual Spatial Abilities in People with Autism
	Autism
	Autism Introduction to Competency Based Communication and the Road to
8:30- 10:30	Autism Introduction to Competency Based
8:30- 10:30 10:30-10:45	Autism Introduction to Competency Based Communication and the Road to Independence Break
8:30- 10:30	Autism Introduction to Competency Based Communication and the Road to Independence Break Competency based Communication
8:30- 10:30 10:30-10:45 10:45-12:30	Autism Introduction to Competency Based Communication and the Road to Independence Break Competency based Communication Practice
8:30- 10:30 10:30-10:45 10:45-12:30 12:30-1:30	Autism Introduction to Competency Based Communication and the Road to Independence Break Competency based Communication Practice Lunch
8:30- 10:30 10:30-10:45 10:45-12:30	Autism Introduction to Competency Based Communication and the Road to Independence Break Competency based Communication Practice Lunch Application and Practice of presented
8:30- 10:30 10:30-10:45 10:45-12:30 12:30-1:30 1:30-3:00	Autism Introduction to Competency Based Communication and the Road to Independence Break Competency based Communication Practice Lunch Application and Practice of presented information
8:30- 10:30 10:30-10:45 10:45-12:30 12:30-1:30	Autism Introduction to Competency Based Communication and the Road to Independence Break Competency based Communication Practice Lunch Application and Practice of presented

#### Internship:

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Additional experience is available through work at Kris' Camp following the course. Lodging and partial stipend would be provided with ongoing supervision and feedback. Please contact michelle@kriscamp.org for details on internship dates and logistics.

Certificates of Attendance are provided upon completion of course/internship.

Course is 14 contact hours/1.4 CEUs Internship is 15 contact hours/1.5 CEUs

# COURSE GOALS

Upon completion of this course, participants will be able to:

- Understand what it means to look at autism as a psychomotor regulation disorder
- Understand the scientific and clinical evidence underpinning this paradigm
- Define sensory and communication accommodations under this paradigm and appropriate applications
- Understand the history, controversy and evidence, pro and con, surrounding facilitated communication as well as other pointing strategies
- Have a beginning competence level in the practical use of facilitated touch
- Have a historical knowledge of the larger community that looks at autism as a psychomotor regulation disorder and be able to identify appropriate resources for clients
- Understand how Neurologic Music Therapy (NMT) and Sensory Integration (SI) therapies fit into this approach

#### 2013 DATES & LOCATIONS

March 23-24, 2013

San Diego CA

# COST

Licensed Therapists/Educators: \$275 Students, Habilitators, & Parents: \$125

Early Bird Discount: \$15 off if you register 45 days or more in advance. Group discounts available.

# LODGING

Payment for lodging is the responsibility of the attendee. Upon receipt of your registration information, we will provide you with lodging options & information for your selected course location.

#### Autism as a Psychomotor Regulation Disorder:

#### **REGISTRATION FORM**

Price (\$275 Prof: \$125 Student)

Date

Sign up for:

San Diego, CA	March 23-24	
	Total: _	
Name		
Address		
Phone		
Method of Payment		
☐ Check		
☐ Visa		
MasterCard		
American Express		
_		
Credit Card #		Exp. date
Signature		
Profession:		
Please tell us about your a	area of interest/expe	rtise/study:

#### **CONTACT INFORMATION:**

Please send payments & registration to:
 Kris' Camp
 3359 Creek Road
 SLC, UT 84121
 801-733-0721
 michelle@kriscamp.org
 www.kriscamp.org